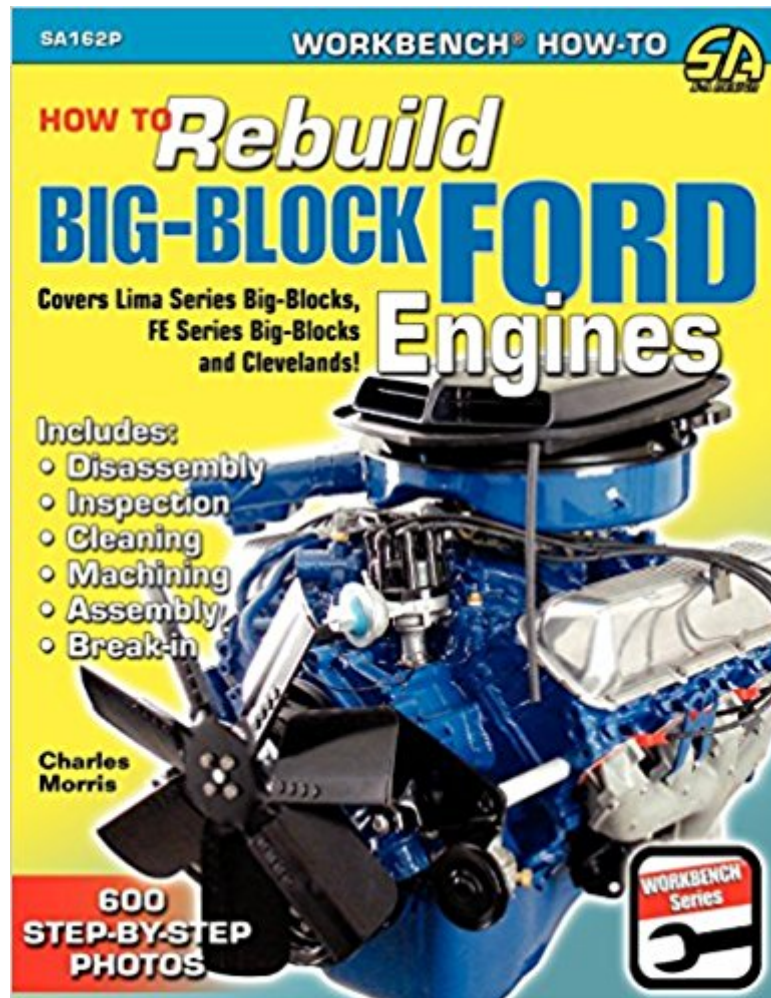




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# How To Rebuild Big-Block Ford Engines (Workbench How-to)



## Synopsis

The photos in this edition are black and white. From factory drag racing, to the AC Cobra, to the legendary Mustang, the history of the Ford big-block is a long and storied one. Making its debut in the late 1950s, the Ford FE big-block engine sat between the fenders of factory lightweights, Cobra Jet Mustangs, 427 Cobras, Cougar Eliminators, Talladega Torinos, and Mach 1s. While the FE engines remained in production through the mid 1970s, mostly in light-truck applications, Ford had plans for a new engine on the horizon. In the late 1960s, Ford transitioned the FE big-block out of production in passenger cars and performance applications in favor of an all-new design, called the 385 series, also known as Lima big-block. Originally used in luxury-car applications, the 429-cubic-inch version of this engine found its way into performance applications such as Mustangs and Torinos starting in 1971. The high-compression 4-barrel versions, called Cobra Jet or Super Cobra Jet, are some of the most powerful engines Ford has ever produced. An engine similar in design to the Lima series engine, the legendary 351 Cleveland made its debut in 1970. While technically a small-block in many ways, its oval ports, canted heads, and physical size made people think of it more as a mid-block than a small-block. The 351- and 400-cubic-inch versions (the latter known as M series engines) of the Cleveland engine were used in passenger car applications and in light trucks starting in 1975. The M stood for modified, as the deck height, bearing sizes, as well as pistons and connecting rods were modified for low-compression passenger car and light truck use, and they were used all the way through the early 1980s. All three engines are covered in full detail in this Workbench series rebuild volume. Included are step-by-step heavily illustrated instructions, that walk you through the entire process of rebuilding your Ford engine. If you want to breathe new life into your tired old Ford engine, this is the book for you.

## Book Information

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## Customer Reviews

All types of Ford big block are covered here in minute detail with full color photography throughout and if you have one then you'll need this book, for sure. An essential guide, I would say. ---Total Kit Car (UK), May/June 2010 --This text refers to an alternate Paperback edition.

Charles R. Morris is an auto enthusiast and Ford lover who has written numerous magazine articles for Ford-related publications. A drag racer since 1966, Charlie has run cars in both Stock and Super Stock classes. He is currently the owner of the original Norristown Ford 1963-1/2 lightweight Galaxie. --This text refers to an alternate Paperback edition.

This is a book to quote, buy with confidence. .In addition to prior comments on this "particular issue", please note that there is not "ONE" color picture in any of the illustrated pictures through out this book, ( SA 162P) ... MY original purchase of this "SA 106" in NOVEMBER,1... 2011, how ever was an all color issue in the as pictured illustrations and is the most preferred issue,. SO BEWARE if this detail and double check the number of the book you are expecting ...The BOOK "SA 106 WILL BE IN COLORED pictures ", and the SA106 P will be in "black and white" illustrated pictures. Take note... TL... Augusta, KS. 10/09/16

The in-depth part of this book used an engine that few of us will have the opportunity to work on. The principles are still generalizable to other, more common big block Ford engines. Still, too much ink was spilled talking about exotic engines that I'll never get to work on. I will be looking for more specific information sources.

Great book-- I'm working on a 1970 429 and the book is very helpful, plus it has sections on the other 385 Series engines if needed.

Used this as my bible when rebuilding a 460 for the first time

Good delivery, as described

Hood book bery helpful

It really should be called "How To Rebuild Big-Block Ford 385/Lima Engines". It has some rebuild/modification info on the FE series, and feels like more of a "fun rebuild facts" section on the Cleveland.

What we needed after losing our last Big-block Ford book. Helpful for what information we needed to order for our re-build..

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